

REASON FOR CONSULT: Hyponatremia

REQUESTING PHYSICIAN: Richard Hayes, MD

HPI: The patient is a pleasant 84 YOWF with a history of hypothyroidism which has been stable for several years. She also has HTN and dyslipidemia, both of which have been well controlled on the usual medications. She underwent left hip arthroplasty two days ago. Renal consult is requested for advice and opinion regarding hyponatremia in the above clinical circumstances.

MEDICATIONS: HTCZ 25 mg PO QD, SYNTHROID 25 mcg PO QD, ZOCOR 10 mg PO QD,

REVIEW OF SYSTEMS: **CARDIOVASCULAR:** Negative chest pain, orthopnea, PND, edema. **GI:** Negative for N/V/D.

PHYSICAL EXAMINATION:

GENERAL: She is awake and in no acute distress.

VITAL SIGNS: BP 131/70, RR 20, HR 85.

EYES: Anicteric sclerae; no exophthalmos or lid-lag

NECK: No thyromegaly

LUNGS: Clear bilaterally w/ normal respiratory effort.

CARDIOVASCULAR: Regular rate and rhythm.

ABDOMEN: Soft; NABS; no HSM.

EXTREMITIES: Show no peripheral edema.

PSYCH: A&OX4; appropriate affect

LABORATORY DATA: Sodium 127, BUN 24, creatinine 0.7, and potassium 4.1. Hemoglobin 14.1.

IMPRESSION:

1. Mild asymptomatic euvolemic hyponatremia presumably due to transient SIADH associated with post-operative pain.

PLAN:

1. Urine/serum osmolality
2. Urine sodium/creatinine to calculate FeNa.
3. TSH
4. Hold HCTZ
5. 1500 cc fluid restriction
6. Renal profile in a.m.

<u>E/M</u>	<u>History</u>	<u>Exam</u>	<u>MDM</u>	<u>Time</u>
<u>99251</u>	<u>PF</u>	<u>PF</u>	<u>SF</u>	20
<u>99252</u>	<u>EPF</u>	<u>EPF</u>	<u>SF</u>	40
<u>99253</u>	<u>Det</u>	<u>Det</u>	<u>Low</u>	55
<u>99254</u>	<u>Comp</u>	<u>Comp</u>	<u>Mod</u>	80
<u>99255</u>	<u>Comp</u>	<u>Comp</u>	<u>High</u>	110
(Requires 3 out of 3 key components)				

<u>History</u>	<u>HPI</u>	<u>ROS</u>	<u>PFSH</u>
<u>PF</u>	<u>Brief</u>	None	None
<u>EPF</u>	<u>Brief</u>	≥ 1	None
<u>Detailed</u>	<u>Ext</u>	2 - 9	1/3
<u>Comp</u>	<u>Ext</u>	≥ 10	3/3

<u>Exam</u>	Bullets Required
<u>PF</u>	1 - 5 from any organ systems
<u>EPF</u>	6 - 11 from any organ systems
<u>Detailed</u>	≥ 12 from any organ systems
<u>Comp</u>	2 bullets from NINE systems

<u>MDM</u>	<u>Prob. Pts</u>	<u>Data Pts</u>	<u>Risk</u>
<u>SF</u>	≤ 1	≤ 1	<u>Min</u>
<u>Low</u>	2	2	<u>Low</u>
<u>Mod</u>	3	3	<u>Mod</u>
<u>High</u>	≥ 4	≥ 4	<u>High</u>
Requires 2/3 dimensions			